

Date Completed: TCBT A 
Reassessment:

0

Those with a formal Working at Heights qualification must complete this CBTA once, all others must complete the demonstrative component 3 yearly.

### Written

Question	Answer	Assessor
What procedure covers the topics of Working at Heights and Dropped Objects?	WORKING AT HEIGHTS GP/PS/PC31	
According to the procedure, when is a worker considered to be Working at Heights?	WHEN WORKING ABOVE 2 METERS	
Name two different methods that can be used to prevent a fall from heights.	FALL ARREST, FALL RESTRAINT, PASSIVE FALL PREVENTION	
What important step can you take to determine the most effective form of fall prevention?	A DOCUMENTED FALL RISK ASSESSMENT	
What should be considered in a JHA aimed at preventing a fall from heights?	-THE CAPACITY OF THE WORKING SURFACE, ENVIROMENTAL CONDITONS THE TOOLS REQUIRED, THE NATURE OF THE WORK ECT	
What is a passive fall prevention device?	A PASSIVE FALL PREVENTION DEVICE PROVIDES THE HIGHEST LEVEL OF SAFETY (LEVEL 2) EXAMPLES ARE A SCAFFOLD, ELEVATED WORK PLATFROM	
Name four hazards in <b>our</b> workplace that must be considered when planning to work from heights.	WORK ABOVE LIVE PLANT, UNSTABLE SOFT GROUND, COLD OR HOT WORK ARE VIXPE OF WORK), WIND SPEED. Dropped objects, lack of delineation	
When would you use a ladder to conduct work at heights (above 2 metres)?	WHEN A SAFER OPTION IS NOT AVAILIABLE, A LADDER IS A HIGH RISK PLATFORM TO WORK FROM. SUITABLE FOR GAINING ACCESS FOR THE PURPOSE OF INSPECTION. Connected to a scalfold, apart from that next	

#### Oral

Question	Assessor check	
What is a safety lanyard and how would you determine whether the safety lanyard is safe to use?	A SAFETY LANYARD IS USED WHEN WORKING IN A FALL ARREST POSTION, THEY SLOW YOUR RATE OF FALL AND REDUCE INJURY. MUST BE USED A HEIGHT TO ALLOW FULL EXTENSION OF THE SAFETY LANYARD PLUS THE HEIGHT OF THE PERSON WITHOUT HITTING THE GROUND.	16
Which picture demonstrates fall prevention and which one demonstrates fall arrest? Explain the difference between fall prevention and fall arrest?	FALL PREVENTION FALL ARREST	10
When preparing your JHA for working at heights, what methods can you take to prevent an object falling?	ELIMINATION SUBSTITUTION, ENGINEERING, ADMIN, PPE.	-11,
What must you put in place around your work area to ensure other workers nearby or passing through aren't in the line of fire of a falling object?	A HARD OR SOFT BARFICADE WITH INFORMATION TAGS IN PLACE.	1b
Name four controls you can put in-place to prevent a dropped object?	TOOL LANYARD, CATCH NET LIKE SHADE CLOTH, COMPLETE THE WORK ON THE GROUND IF POSSIBLE, HOUSE KEEPING, SECURE LOADS.	71

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### Demonstrative

Question	Assessor check
Based on a Working at Heights scenario, or real work to be conducted, prepare a JHA demonstrating	
your understanding of the procedure GP/PS/PC31. Put in place realistic Working at Heights &	
Dropper Object controls to prevent a fall or a dropped object.	
Or	
Conduct a Permit to Work Audit on a job where working at Heights is being conducted. Assess the JHA linked to the permit and identify any gaps.	
The candidate is assessed as being:	
Competent	
□ Not yet competent	
Areas requiring improvement:	
0	
For first time candidates only: Department Manager's name:	K/
Department Manager's signature: Date:	

Page 4 of 4



## JOB HAZARD ANALYSIS (JHA)

JHA NUMBER:	ACTIVITY OR TASK TO BE PER	RFORMED: REPLACE TIT 3183 ON E-3	15 ( TEG TRAIN 1 )					
REVISION DATE:	1							
CWP #	NO FLAME HWP # XXXXXXX	FLAME HWP #	CSE	EP #	ŀ			
JHA REVIEWED BY								
Name:	Signature:	Name:	Sig	nat	ure:			
	CL.							
SITE MANDATORY PPE: Hard Ha	at / Safety Glasses / Safety Boots /	Gloves / High Visibility Pants / Long Sleev	e Shirt (for chemical	us	e check SDS for ad	ditio	onal PPE)	
WORK LOCATIONS: IONA	A GROUNDS TRAIN 1 X	TRAIN 2 MLV NORTH PAA	RATTE WALLAB	ΥC	REEK OTHER	Ι		
		HAZARDS TO BE CONSIDERED						
Remote Sites Confined Spa	ce Falling/Dropped Ot	ijects X Flymmable Materials Present	Sharp Materials		Manual Handling		Lighting	
Working Alone Access/Egres	s X Pressurised Fluids /	Gas Pror Visibility / lighting	Suspended Loads		Ladders		Spill	
Electricity Working at H	leights X Inhale Dusts / Fibre	s Potential for difficult Rescue	Weather Conditions	X	Fire/Explosion		Heat	X
Stored Energy X Toxic Gases/s	substances Trip Hazards	High Noice Levels	Tools / Equipment	X	Communication	X	Other:	
Use of Chemicals Hydrocarbon	Release Slippery Surfaces	Moving Equipment	Competence/Skill	X	Pneumatics			
	ENV		TS)					
Air Pollution (dust, fumes) Spills	s to drains water ways Hazard	to Flora / Fauna Soil Erosion Sp	oills to Ground Otl	her:		_		
		EQUIPMENT REQUIRED	Vi					
Mobile Plant & Equipment X Stati	c Plant & Equipment Scaffolding	Safety Equipment X Rescue Equipme	en. 🗴 2 Way Radio	x	Other:			

ADDITIONAL PRECAUTIONS REQUIRED											
SDS	Face Shield	Welding Face Shield		Barricading	x	Breathing Apparatus		Chemical Gloves		Respirator or Dust Mask	Warning Signs
Goggles	Harness	Fall Arrest Systems	X	Ventilation		Personal Locks/Tags	X	Fire Extinguishers		Low Voltage Lighting	Other:

MANDATORY REQUIREMENTS	N	AN	ND	AT	ORY	REQ	UIR	EM	EN	ITS	5
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### JOB HAZARD ANALYSIS (JHA)

Licensed Operator	х	Tested and Tagged Electrical Equipment	Trade Qualified	X	Certified Lifting	Spotter/Safety watcher	X	Other:
					Equipment	 		

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# JOB HAZARD ANALYSIS (JHA)

DESCRIBE JOB STEP	POTENTIAL HAZARDS	MITIGATION – CONTROL	PERSON RESPONSIBLE
List the natural steps of the job.	What are the potential hazards or risks	Describe how the identified hazards / risks can be managed or	for Implementing the
(Do not make the steps too	identified for this part of the job step	removed (use hierarchy of controls to reach ALARP)	Control
broad or too fine)			
MOBILISE TO WORK FRONT AND	ELEVATED WORK PLATFORM MALFUNCTION	PRE-START CHECK, LICENCED OPERATOR	P.I.C
WORK AREA	PEOPLE IN AREA	ERRECT BARRICADE BEFORE WORK BEGINS	SPOTTER
	VEHICLE TRAFFIC, ROUGH GROUND	SPOTTER TO WALK IN FRONT OF EWP TO WATCH FOR HAZARDS	Tech
	UNSTABLE GROUND/ Visit we replace prior	ENSURE OUTRIGGERS ARE STABLE	Tech
Prepare working at heights equipment.	Equipment damage	Check condition of harness, lanyards on tools, Radio, Ensure all tools and equipment are secure.	Work party
Review emergency rescue plan	Contact control room before operations	Confirm rescue plan and communication techniques with spotter, The	Work party
		Spotter must lower the JLG with the ground controls for height rescue.	
		stability before working at height.	
	Electric shock	Cleck isolation, Check work party are locked onto CCP	RO- ISO AUTH, Work party
Complete change of TIT gauge	Stored energy- damaged thermos well	Remove with care not to damage thermos well	Tech
	Thermal energy	Wear PPF if equipment is online	Tech
	Dropped tools	Always manuar lanyard's, never unhook	Tech
Pack up work area	Trip hazards	Housekeeping, leave workplace as you found it.	Work party
	Remove vehicle from area	Keep people clear, use potter, gas detector	Work party
Debrief, Sign off	Review job to look for improvement's in process	Communicate with RO what pay been found/ Completed	Work Party
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# JOB HAZARD ANALYSIS (JHA)

JHA SIGN ON					
Sign on when enteri Name:	Date / Time:	Signature:	Name:	Date / Time:	Signature:
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