



has attained
HLTAID003

Provide first aid

Date Issued:



Expiry Date:



NATIONALLY RECOGNISED
TRAINING

Issued by APL Group Pty Ltd - RTO



FIRST AID SAVES LIVES

D

Check & Control Dangers

Make area safe for you & patient

R

Check for Response

Talk to and touch the patient

S

Send for Help

Call 000 if no response and send for AED if available

A

Check & Clear Airway

Adults & Children - tilt head back gently.
Infants - head in line with body

B

Breathing Normally?

(Regular & even) If not start compressions immediately

C

Compressions

x 30 in middle of chest to 1/3 depth, almost 2 per second then 2 breaths. Don't Stop

D

Defibrillation

Attach defibrillator ASAP & follow the prompts

Call 000 in an emergency