APPLICANT TO COMPLETE - PRE TESTING

It is a requirement of your testing today to produce photo identification in the form of a driver's license, passport, 18+ card or school ID. If you do not have this, you must inform us immediately, as your testing may not be able to be completed.

Applicant Information: THE EMPLOYER has requested that you participate in a Pre-Employment Functional Screen with KINNECT as a part of their recruitment process. YOUR PARTICIPATION IN THIS COMPONENT OF THE EMPLOYMENT ASSESSMENT PROCESS IS VOLUNTARY. By participating you are expressly authorising the assessing consultant to conduct the assessment and provide their evaluation of your capacity to meet the jobs physical demands. Assessments are conducted professionally and in good faith and for the information of THE EMPLOYER only. The assessment is only one factor that THE EMPLOYER may consider in the recruitment process. As such, by agreeing to undertake the assessment you are also agreeing that you will not hold KINNECT, its consultants, or affiliates liable or responsible in any respect for any subsequent rejection of your application for employment by THE EMPLOYER.

The employer is the party collecting your personal information for the assessment. KINNECT will collect your personal information on behalf of the employer directly from you where possible (including your contact

information, medical information, and the results of your screening with us), but in certain circumstances may be required to collect information about you from the employer or a third party (such as your GP). You expressly consent to us collecting your personal information from any such parties and you agree to provide any written consent required by a w to obtain the same. If your personal information is not collected by us, we may not be able to complete your assessment.

Explanation of Assessment: Use avolves the consultant reviewing (your disclosed medical history) and assessing your current physical abilities in completing a range of standardised tests. The testing protocol has been designed in conjunction with THE 2MPLOYER to obtain both general and specific information that is relevant to assessing your suitability for the resistion that you are applying for with THE EMPLOYER. It is to be understood that the assessment is not "piss" or "fail"; and that it remains within the sole discretion of THE EMPLOYER as to whether you should be observed any position of employment.

It is important to reiterate that:

Name:

- The consultant conducting your assessment is NOT responsible for determining your suitability for employment;
- By taking part in this assessment you give consent to THE ENPLOYER to use all information collected by KINNECT (written, verbal, and demonstrated) for the purpose of processing your application;
- All aspects of this Pre Employment Functional Screen are volunt ry and you may choose to discontinue the assessment at any time.

Release of Information: KINNECT will release all information to THE EMPLOYER as a part of the Pre-Employment Functional Screen process. KINNECT may also disclose your personal information to our personnel and related entities, contractors or agents for the purposes identified peldw. As the assessment documentation has been prepared for and on behalf of THE EMPLOYER, KINNECT is not at liberty to provide you with a copy of any part of the assessment documentation nor is KINNECT able to discuss any aspect of your results or the assessment report with you. In the event that any Medical Screening, is required the relevant Medical Practice will release all information obtained to KINNECT and the EMPLOYER as a part of the Pre-Employment process.

By proceeding with your assessment today, you expressly agree and consent to KINNECT collecting and retaining your information:

for the purposes of providing its assessment to the relevant employer;

- to aggregate your information with other information for use in KINNECT's research and analytics; and
- for purposes connected with the general administration of KINNECT's business.

For more information regarding how we collect, use and disclose personal information please see our Privacy Policy available on our website or you may ask us.

DOB : 1

Acknowledgement: i

- Have read (or have had this document read to me) and understand the information and explanation contained within the document;
- Confirm that I understand this form and that this assessment is voluntary and that I can decline to undertake or continue any of the assessment activities at any time;
- Understand that the information from the assessment will be shared between KINNECT, relevant Medical Professionals and THE EMPLOYER;
- Acknowledge and agree that by signing this assessment authorisation form I am bound by its terms; and that this form may be relied upon and pleaded as a bar to any legal proceedings brought now or in the future by me or on my behalf against THE EMPLOYER and/ or KINNECT arising out of or in connection with the assessment.

NB Parent or guardian signature required where applicant is under 18 years, or unable to sign

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Guardian Signature:	Ty_	(Guardian Contact #:	<u> </u>
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		vity Readiness Questionnaire (PAR-Q)		ļ
YES	NO	Carefully read and respond to all the following questions by ticking YES or NO. If you ar YES please provide relevant notes in the appropriate section for each question,	swer	C C
۵	Ŀ	P1) HAS YOUR DOCTOR ever said that you should only do physical activity that has been medically approved due to a heart condition (heart attack, heart surgery, palpitations, irregular heart rate, and/or high/low blood pressure)? NOTES:	Ø	CONSULIANI US
	Þ	P2) In the past month have you had chest pain WHEN YOU WERE NOT doing physical activity? NOTES:	Ø	Car
n	17	P3) Do you feel pain in your chest WHEN YOU DO physical activity? NOT 59:	10	5
۵	B	P4) Do you loce your balance because of dizziness or do you ever lose consciousness? NOTES.	Ø	
	67	P5) Do you hale a proemaker or any other implants? NOTES:	Ø	LVEN
C	ĕ₽-	P6) Do you have any criment or recurring bone or joint problems (e.g. old sports/work injury, arthritis)? NOTES:	0	
۵	CJ	P7) Do you take any prescription medications (e.g. for blood pressure, heart conditions, pain, or Injury) NOTES:	0	ISDUL YOO
	Ę - -	P8) Is there any other health or me lice' reasons that you can think of which may prevent you from undertaking exercise? NOTES:	2	Dec
i\$	п	P9) Have you had any injury(s) trau ha(s) or surgery(s)? NOTES. Shin Co cut out		Lec.
IJ	<u>ry</u>	P10) At your current workplace do have any physical concerns with your current work?		Keu
[]	0	P11) Females Only: Do you believe that you may be pregnant or have you given birth in the last 12 months? NOTES:		
		By signing this form, I verify that all information is true and correct		
	·	Name:		aiaid aid
Conci	ultant O	Signature		
Const	Br	P12) Have you had any change in bowel or bladder controlffecently?	F	less
<u>.u</u> D	197	P13) Have you experienced any unexplained weight loss in the last 12 months?	一部	ť
<u></u> 11	N	P14) Do you experience pins and needles in both arms or both legs?	THA	1

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CEASE TESTING AT TH IS POINT IF:

C RESTING HEART RATE EXCEEDED 100 BPM

□ SYSTOLIC BP EXCEEDED 160 mmHg

DIASTOLIC BP EXCEEDED 100 mmHg

D POSITIVE PAR-Q FOR Questions 1-4

I INJURY / SURGERY IN THE LAST 6 WEEKS

If testing is ceased due to above DO NOT continue with:

- Functional Testing or;
- Job Specific Testing;
- Step Test.

However, you MUST:

- Go to the post testing and summary pages and complete them;
 Provide applicant with a latter requesting medical clearance for testing to continue and;
 Inform the applicant that instance ions to conduct any re-assessment is at the discretion of the employer (pending medical clearance).
- COMPLETE FUNCTIONAL TESTING PRIOR TO COMPLETING CARDIOVASCULAR TEST L CUMENT ONLY

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F9)	What wa	as the maximum	1 weight, the ap	plicant v	vas abl	e to	safely	carry d	uring the	test: 1	5 kg	1	
FUN	CTION	AL TESTING	SUMMARY										1 0
F10)	Does	the applicant rec	uire Manual Ha	andling	Training	a pric	or to			_	No	1~	+
		encing the prop								Yes			

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CARDIOVASCULAR FITNESS - 3 Minute Step Test To be conducted at a tempo of 96 BPM with a step height of 30.5cm. *YMCA Protocol - ACSM Guidelines 2001 **CEASE TEST IF APPLICANT REACHES 85%** 2 HR @ 3 min 130 RHR Pre Test: 98 HR @ 1 min 120 HR @ 2 min /25 CONSULTANT USE ONLY res o No 2 1 Min Post HR: 98 C1) Test Completed: Pleas dick one of the following: Will concerns Ceased by assessor as unsafe Exercising HR exceeded 85% HR Max Unable to maintain correct pace r! Reported weakness n Reported fatigue C2) Based upon the applicant's recovery HR, what was the applicants overall **Cardlovascular Fitness Rating:** Above Average G Good □ Average Excellent Below Average Poor C Very Poor Cardiovascular Fitness - 3 Mini te . tep Test Male / Age 18-25 36-45 <87 26-35 46-55 56-65 <1 :87 81 3679 Excellent <{ 86 97-1J3 87-97 86 97 6 (98-108 79-89 Good 98-105 Above Average 90.99 98-105 106-116 104-112 1 1 4-112 106-116 Average 100-105 113 175 Below Average Poor <u>106-116</u> 117-128 113-120 123-132 121-129 123-132 Very Poor >129 >132 >128 >130 >132 18-25 Female / Age 26-35 36-45 56-85 46-55 <90 90-102 103-110 111-118 Excellent <85 <94 94-104 <95 <94 85-98 95-103 104-111 95-104 Good 105 115 116-1.0 121 129 Above Average 99-108 105-112 112-11/ 109-11/ 118-126 127-140 Average Below Average 119-128 119-128 Poor 129-140 13. -135 129-139 128-141 Very Poor >141 >141 >130 >140 >142

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I confirm that this assessment (tick the app					
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Did	98	2		e	CONSULTANT USE ONLY
cause any significant pain or discomfort at to consult a doctor if I experience any significant	the time it was condu ficant pain within the	ucted. I confirm the next few days.	nat I understand	╡┊	LTAN
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Functional Testing Summary - Consultant Use Only

YES NO P15) Based on the above information; does the applicant have a significant health concern(s) that would place them at moderate - high risk if they were to perform the - Ŭ proposed role? (if yes, please see question below) P15a) Please list these significant health concerns: П [] P16) Based on the above information; does the applicant have a significant that would place them at moderate - high risk if R they were to perform the proposed role? (if yes, please see question below) P16a) Please list ine le agnificant musculoskeletal concerns: Lote d Miher manisus \Box Ľ CJ Mc Murrays. -clich teshin Lest Further Clinical Comments (if required): Note above trannos is that 2/01 However locs functional would consider little concern **Assessors Name:** Date: IN

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Pre-Employment Functional Assessment Report Summary

Applicant Name:	Assessment Date: 0
Position:	
Employer:	Site: NSW Site Various

R1)	
RISK RATING:	Α

R2) RISK(S) IDENTIFIED DJMING PRE EMPLOYMENT:

No health concerns or risk factors there identified during the assessment. Given the findings of this pre-employment functional assessment, _____ was deemed to be of a very low risk if he were to perform the role of a Geologist.

R3)	IDENTIFIED RISK(S) DEEMED	TO BE SIG	NIFI		FOR T	HE PRO	POSED	JOB ROI	LE:
Nil S	ignificant Risk Factors Identified.			1					

R4) RECOMMENDED RESTRICTION(S)TO MANAGE IDENTIFIED RISK(S): Nil Restrictions.

R5) RECOMMENDED INTERVENTION(S)TO MANAGE / REDUCE RISK(S): Nil Recommendations.



Definitions for All Outcomes Risk is VERY LOW. The applicant has successfully demonstrated very good functional capacity and is deemed to be considered a low risk if employed within the proposed job role. Risk is LOW. The Applicant has not met some aspects of the assessment; however these do not pose an increased risk nor are critical for the proposed role. The applicant is deemed to be a low risk if employed within the proposed job role. **Risk is:** MODERATE with a Risk Management/Health Management Plan HIGH without a Risk Management/Health Management Plan The Applicant has not met some aspects of the assessment and this places the Applicant at an increased risk if performing the proposed role. The identified risk can be appropriately managed or controlled through the development of a Risk Management/Health Management Plan. Please provide current restrictions that the worker would adhere to and should be included in a Risk Management Plan, if they were to be offered the proposed position. Such restrictions can be lifted, if functional reassessment demonstrates that a Risk Management Plan has adequately reduced or eliminated the risk factors identified. **Risk is HIGH** The Applicant has not met areas of the assessment, and these pose a significant risk of sustaining a 'new injury' or 'aggravating' an existing injury. The identified risk cannot be appropriately managed or controlled through the development of a Risk Management/Health Management Plan.